

# NUTRITION

For the 2023-2024 school year  
All Students will receive Breakfast  
and lunch at NO COST. Through our  
participation in the Community Eli-  
gibility Provision



## Caswell County Schools School Nutrition Program

*We Play a Very Important Role in Education.*



## January 2024 Menu

### Note:

Due to continued issues in the food sup-  
ply chain food & supply market changes  
may affect menu item availability

### ***School Menu is Subject to Change***

IF menu changes must be made due to  
supply issues, our menu will still continue  
to be nutritionally balance to include all  
require food components

Breakfast-**Bread/Grains, Fruit, Milk**  
Lunch- **Meat/MA Bread/Grains, Vegeta-  
ble, Fruit & Milk**

*Thank you for your patience & understand-  
ing of the circumstances beyond our control*  
-The School Nutrition Team

USDA is an equal opportunity provider and employer. [http://  
childnutrition.ncpublicschools.gov](http://childnutrition.ncpublicschools.gov)



### Wednesday, January 3

#### **BREAKFAST**

Chicken Biscuit  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

#### **LUNCH**

#### **Cheese Bites**

#### **Calzone**

Garden Salad  
Green Beans  
Marinara Sauce  
W Grain Bun, Applesauce ,  
Orange Pineapple juice,  
Milk

#### **Chef Salad**

### Thursday, January 4

#### **BREAKFAST**

Waffles/Pancakes -or-  
Pancake Stick  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

#### **LUNCH**

#### **Pulled Pork**

#### **Chicken Fajita**

Corn, Pinto Beans , Salsa ,  
Side Salad, Rice , Apple.  
Peach, Milk

#### **Chef Salad**

### Friday, January 5

#### **BREAKFAST**

Sausage Biscuit -or-  
Cinnamon Roll  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

#### **LUNCH**

#### **Ch/ Pepperoni Pizza**

Garden Salad,  
Marinara Sauce  
Fruit cocktail, pear ,oven  
fires, gold rush juice, Milk

#### **Chef Salad**

### Monday, January 8

#### **BREAKFAST**

Cereal (Bowl or Bar)  
Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

#### **LUNCH**

#### **Tangerine Chicken** **Hotdogs**

Broccoli, Green Peas, Rice,  
Whole Grain Dinner Roll,  
Mixed Berries , Grape Juice,  
Milk

#### **Chef Salad**

### Tuesday, January 9

#### **BREAKFAST**

Banana Bread  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

#### **LUNCH**

#### **Salisbury Steak** **w/Gravy** **Chicken Fillet**

Turnip Greens  
Mashed Potatoes  
Corn Muffin,  
Peach Cup, Milk

#### **Chef Salad**

### Wednesday, January 10

#### **BREAKFAST**

Chicken Biscuit  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

#### **LUNCH**

#### **Baked Spaghetti** **Pizza Sticks**

Garden Salad  
Green Beans  
Marinara Sauce  
W Grain Bun, Applesauce ,  
Orange Pineapple juice,  
Milk

#### **Chef Salad**

### Thursday, January 11

#### **BREAKFAST**

Waffles/Pancakes -or-  
Pancake Stick  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

#### **LUNCH**

#### **Chicken Fajita** **Beef Fiestada**

Corn, Pinto Beans , Salsa ,  
Side Salad, Rice , Apple.  
Peach, Milk

#### **Chef Salad**

### Friday, January 12

#### **BREAKFAST**

Sausage Biscuit -or-  
Cinnamon Roll  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

#### **LUNCH**

#### **Ch/ Pepperoni Pizza**

Garden Salad,  
Marinara Sauce  
Fruit cocktail, pear ,oven  
fires, gold rush juice, Milk

#### **Chef Salad**



Jolandria Graves  
Child Nutrition Director  
353 County Home Road  
P.O. Box 160, Yanceyville, NC 27379  
(336) 694-4116 Office  
Fax (336) 694-4118 or  
[jolandria.graves@caswell.k12.nc.us](mailto:jolandria.graves@caswell.k12.nc.us)



Monday, January 15

Holiday

Monday, January 22

RWD

Monday, January 29

**BREAKFAST**

Cereal (Bowl or Bar)  
Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Hot Dog  
Chicken Strips

Broccoli, Green Peas, Rice,  
Whole Grain Dinner Roll,  
Mixed Berries , Grape Juice,  
Milk  
Chef Salad

For information on Caswell  
County Schools Student Well-  
ness, Please visit our website at  
<http://www.caswell.k12.nc.us>

Tuesday, January 16

**BREAKFAST**

Banana Bread  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Chicken Chunks  
Cheeseburger

Mashed Potatoes  
W/Grain Bun  
Fruit Choice , Milk  
Chef Salad

Tuesday, January 23

OWD

Tuesday, January 30

**BREAKFAST**

Banana Bread  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Beef Nuggets  
Corn Dog

Turnip Greens  
Mashed Potatoes  
Corn Muffin, W/Grain Bun  
Fruit Choice , Milk  
Chef Salad

Wednesday, January 17

**BREAKFAST**

Chicken Biscuit  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Calzone  
Lasagna

Garden Salad  
Green Beans  
Marinara Sauce  
W Grain Bun, Applesauce ,  
Orange Pineapple juice,  
Milk  
Chef Salad

Wednesday, January 24

**BREAKFAST**

Chicken Biscuit  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Baked Spaghetti  
Pizza Sticks

Garden Salad  
Green Beans  
Marinara Sauce  
W Grain Bun, Applesauce ,  
Orange Pineapple juice,  
Milk

Wednesday, January 31

**BREAKFAST**

Chicken Biscuit  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Lasagna  
Beef Fiestada

Garden Salad  
Green Beans  
Marinara Sauce  
W Grain Bun, Applesauce ,  
Orange Pineapple juice,  
Milk

Thursday, January 18

**BREAKFAST**

Waffles/Pancakes -or-  
Pancake Stick  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Rotisserie Chicken  
Deli Sub

Corn, Pinto Beans , Salsa ,  
Side Salad, Rice , Apple.  
Peach, Milk  
Chef Salad

Thursday, January 25

**BREAKFAST**

Waffles/Pancakes -or-  
Pancake Stick  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Chicken Fajita  
Deli Sub

Corn, Pinto Beans , Salsa ,  
Side Salad, Rice , Apple.  
Peach, Milk  
Chef Salad

Friday, January 19

**BREAKFAST**

Sausage Biscuit -or-  
Cinnamon Roll  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Ch/ Pepperoni Pizza

Garden Salad,  
Marinara Sauce  
Fruit cocktail,, pear ,oven  
fries, gold rush juice, Milk  
Chef Salad

Friday, January 26

**BREAKFAST**

Sausage Biscuit -or-  
Cinnamon Roll  
Cereal, Yogurt, Pop Tart  
Fruit, 100% Fruit Juice, Milk

**LUNCH**

Ch/ Pepperoni Pizza

Garden Salad,  
Marinara Sauce  
Fruit cocktail,, pear ,oven  
fries, gold rush juice, Milk  
Chef Salad